Cymuned
Bach!
Gathering, growing, going
Diocese of Swansea & Brecon

JESUS HEALS A PARALISED MAN

Using the Bible read the story "Jesus heals a paralised man" which can be found in the book of Luke 5, verses 17 to 26.
If you don't have access to a Bible or you wish to see another version of the story, we have posted a link below to a version available on YouTube.

YouTube

https://www.youtube.com/watch?v=8cmppSIQUX4&list=PLNcC1wUUyMmVL4CJkWESgAtlo4lUnuOUZ&index=7

STORY EXPLAINED

This week we are looking at Anointing the Sick which is the 4th of the Sacraments of the Church.

Through the sacrament of the anointing of the sick we follow Christs example by praying for healing for the sick. The gospels tell many stories about Jesus healing the sick, and if you read further in the New Testament then you can see that Jesus' followers also healed the sick. By praying for the sick we are giving them hope that they will receive healing from God.

The story today about the paralyzed man who's friend took him to Jesus to be healed is just one of the amazing stories of Jesus healing power and of the faith of the people who went to look for Jesus specifically to receive healing.

We can all ask for healing for ourselves or for healing over others. We just have to ask.

PRAYER ACTIVITY

Get Well Soon

Prayer Spaces at Home

Equipment

Fabric plasters, pens

Set up

You could do this activity at a table, maybe with your family. Or in your bedroom

Instructions

Do you know someone – maybe a friend or someone in your family – who isn't well?

If you want to, you can write their name onto one of the fabric plasters as a hope or a prayer that they get better soon.

Stick the plaster somewhere visible (e.g. on the fridge, on your bedroom door, etc) where you'll see it every day.

Jesus puts the pieces back together

When we ask for healing Jesus is the one who helps to put the broken pieces back together. Why not create a broken pieces art project to remind you of this

- ***You will need:***
- *2 pieces of different coloured paper*
- *Plasters*
- *White Card slightly bigger than the coloured paper*
- *Glue*

Instruction

- *Take one piece of coloured paper and cut a cross shape out of it*
- *Take the second piece of coloured paper and rip it into as many pieces as you think you'll be able to put back together*
- *Glue the pieces back together onto the backing paper leaving a small gap between each piece.*
- *Use plasters to bridge the gaps.*
- *Glue your cross over the top of your paper jigsaw.*

MUSIC

HEALER
KID'S PRAISE!

https://www.youtube.com/watch?v=R9iL88qxjHo

JESUS IS THE HEALER

https://www.youtube.com/watch?v=j4ms8Sw8wkQ

WORDSEARCH

J E S U S O I T M B A R X Y L A F
D C U N Y E J Z L M D G L B Q H G
K L K T Z G S O W F O R G I V E N
J P R Q Q Q Q P V B M K Q L G R Z
S A C R A M E N T J K W I S N V N
D V B U L R Q J C J V G A B I B N
C B Z L P L A G A M Z E P X L U E
T H C F V Z W N W V D U N K A X I
H S U Y U F V I I L W H H T E A L
X M E Y A T J T M A S K B O H Y J
X H Z I F Q S N C H C U O T B P J
Q V J S R P E I K H G F U I R C U
U H W U I P B O Q S O T W A K A U
D L K R O S W N H P D C Y N V Q K
M R I C I L Q A F O U X P H I J B
W T D X I O D A K J L J X S F K T
S T W M A S N J K J K Y M G A E R

ANOINTING
FORGIVEN
GOD
HEALING
HOLY
JESUS
PRAY
PRIEST
SACRAMENT
SICK
SPIRIT
TOUCH

MENTAL HEALTH CRAFT EXERCISE

Background

There are many different types of illness there's physical illness that you can see like a broken bone. But there are also invisible illnesses like diabetes. There is also a third kind of illness which is mental health, more and more people are struggling with their mental health but there are things that you can do to help yourself feel better if you become anxious or depressed. Crafting can help you to feel a lot better. Why not create a glitter jar like the one below.

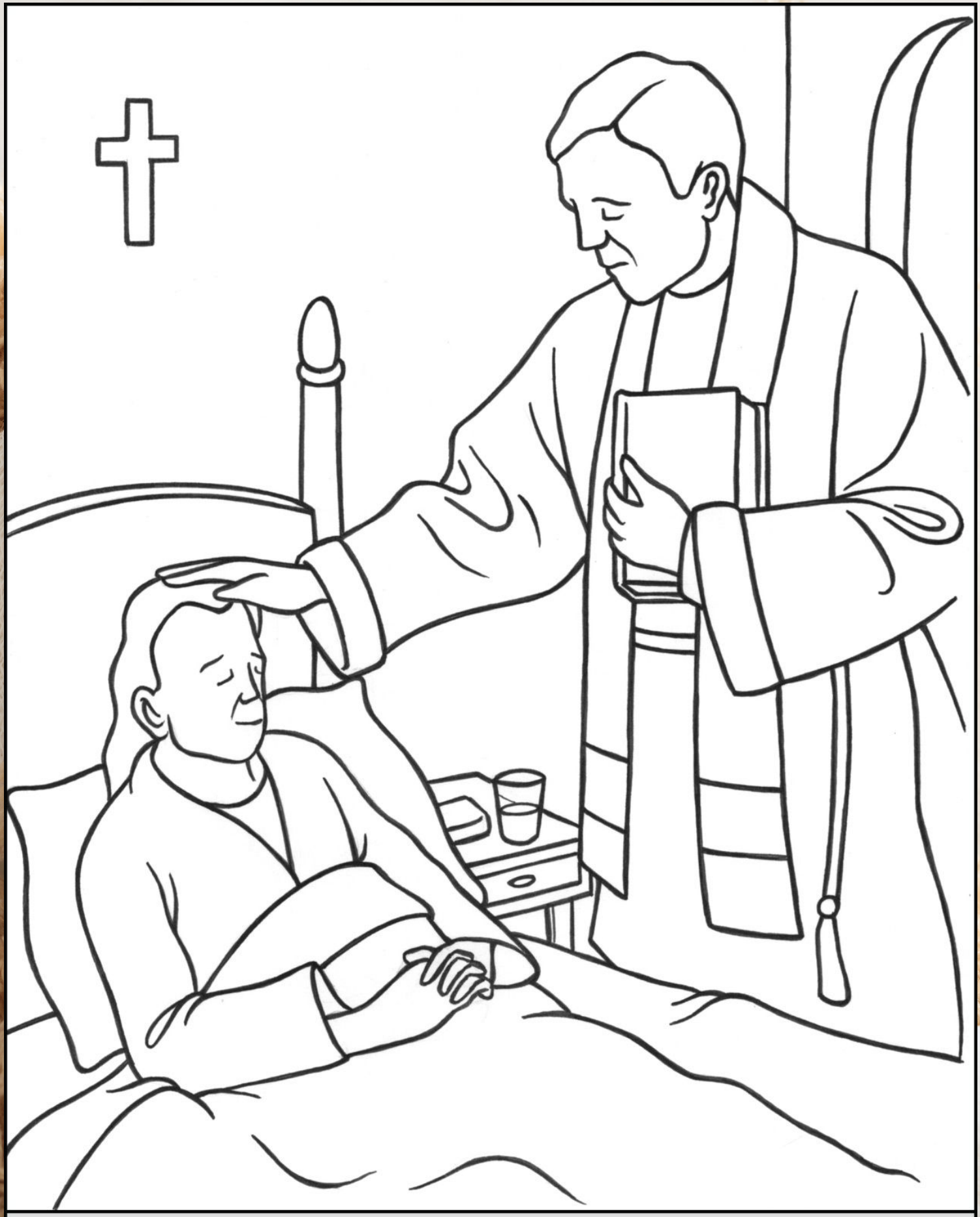
TO MAKE GLITTER BOTTLE YOU WILL NEED:

A PLASTIC BOTTLE
A JUG OF WARM WATER
60ML GLITTER GLUE
3 DROPS OF GEL FOOD COLOURING
60G-80G GLITTER

METHOD

- ADD WARM WATER TO YOUR JAR OR BOTTLE UNTIL IT REACHES AROUND A THIRD OF THE WAY UP.
- ADD THE GLITTER GLUE AND STIR UNTIL IT COMBINED WITH THE WATER
- ADD AROUND 3 DROPS OF FOOD COLOURING AND STIR.
- POUR IN THE GLITTER
- TOP UP YOUR BOTTLE WITH WATER UNTIL FULL LEAVING A SMALL AMOUNT OF ROOM FOR THE MIXTURE TO MOVE.
- PLACE THE LID ON THE BOTTLE TO SEAL.

IF YOU WOULD LIKE TO SHARE ANYTHING YOU HAVE CREATED, PLEASE UPLOAD TO FACEBOOK OR TWITTER USING THE PAGE FROM YOUR LOCAL CYF OFFICER BUT MAKE SURE THE PICTURE IS OF YOUR WORK, NOT YOU. THANK YOU



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